

INSPECTION REPORT

2021 ARNOLD CLASSIC EUROPE



SEVILLE 2021

16-20 SEPTEMBER 2021



2021 IFBB WORLD RANKING EVENT
IFBB ELITE PRO QUALIFIER

WELCOME

To the 11th edition of the 2021 Arnold Classic Europe.

This year, the event will be held in the colorful city of Seville, Spain, from Thursday 16th September to Monday 20th September 2021.

As every year, Governor Arnold Schwarzenegger next to IFBB President, Dr. Rafael Santonja, will host this great event with the best IFBB athletes from all over the world in all the categories, including new ones!



LOCATION

The colourful beautiful city of Seville, with a big tourist attractive and the warmth of its people, will make **ARNOLD CLASSIC EUROPE** an unforgettable event.

Being the capital of the south of Spain, it's perfect to host our event since Seville flaunts a rich and wide history, culture and gastronomy, not forgetting that it's one of the most touristic cities in Europe. All of this collected inside of a spectacular climate throughout the year.



VENUE

The Palace of Congress and Exhibitions FIBES in Seville, located 6km from the city town, will be the home for our event during September 16th - 20th 2021. It is recognized as a great meeting point in the city where many national and international events are held there and it counts with two modern and independent buildings (FIBES I & FIBES II), both connected by a walkway.

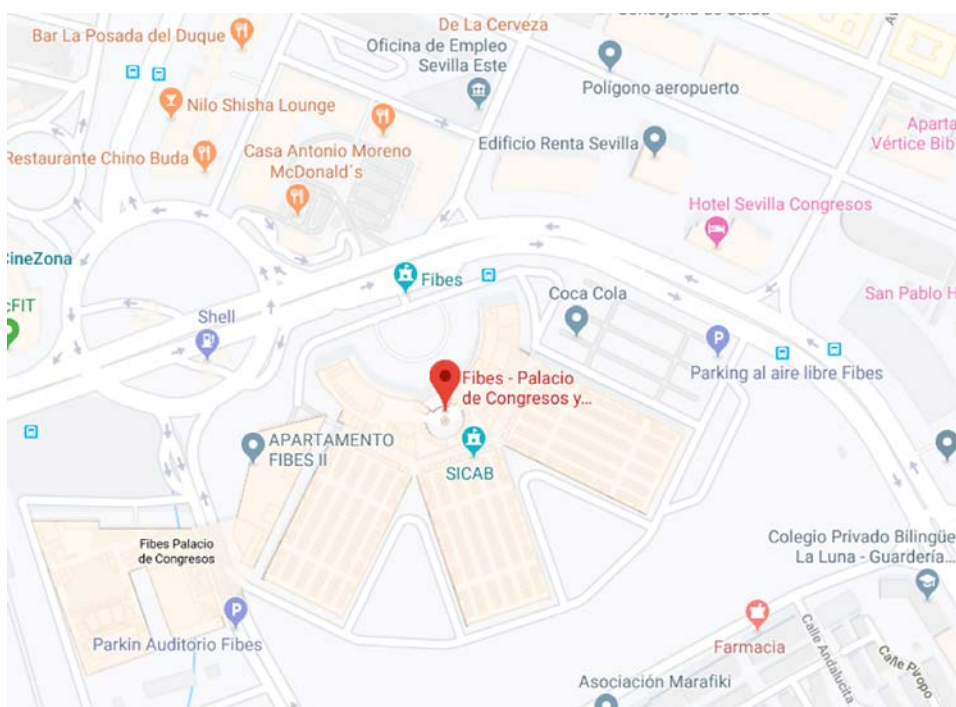


The Arnold Classic Europe has adopted all the Covid-19 security measures to enjoy a safe and enjoyable championship, always with the supervision of the professional Medical Team.

ADDRESS

FIBES Sevilla

Avenida Alcalde Luis Uruñuela 1, 41020 Sevilla



HOW TO GET TO FIBES

BY PLANE



Seville airport "San Pablo" it is 7km from FIBES and it has only 1 terminal. You need to get first to the city centre and then to FIBES:

- Taxi: outside of the terminal there are a lot of taxis waiting to pick you up. It takes 14 minutes approx. to get to FIBES.
- Bus: line EA works from 5:20am to 00:50am. It takes 35 minutes and costs 4€ to the city centre. Once you are there, check the following options to get to FIBES.

BY BUS



TUSSAM is the bus company in Seville. There are 2 options:

- Line 27: from Plaza del Duque.
- B4: from Nervión neighborhood, la Gran Plaza.

BY TRAIN



Cercanías line C4 from Sevilla Santa-Justa station and San Bernardo station.
Stop: Estación Palacio de Congresos.

BY TAXI



There are 4 public taxi companies in Seville:

- Eurotaxis de Sevilla
- Radiotaxi Giralda
- Radiotaxi
- Teletaxi

Uber is also operating in the city.

BY CAR



FIBES is 15 minutes by car from the city centre.
Its GPS coordinates are: 37.4060141 , 5.9317924.

BY BICYCLE



Seville is one of the European cities with more bike kilometres. It is easy to rent a bike since there is a bicycle lane that arrives to FIBES.
For further information: <http://en.sevici.es>

RECOMMENDED ACCOMMODATION

INFORMATION COMING SOON

TIME ZONE

Seville is in the central European time zone (UTC+2 hour in summer).

CLIMATOLOGY

During the Expo week, it is expected hot weather in the city. The average September's temperature is between 32°C - 18°C (89,6°F - 64,4°F).

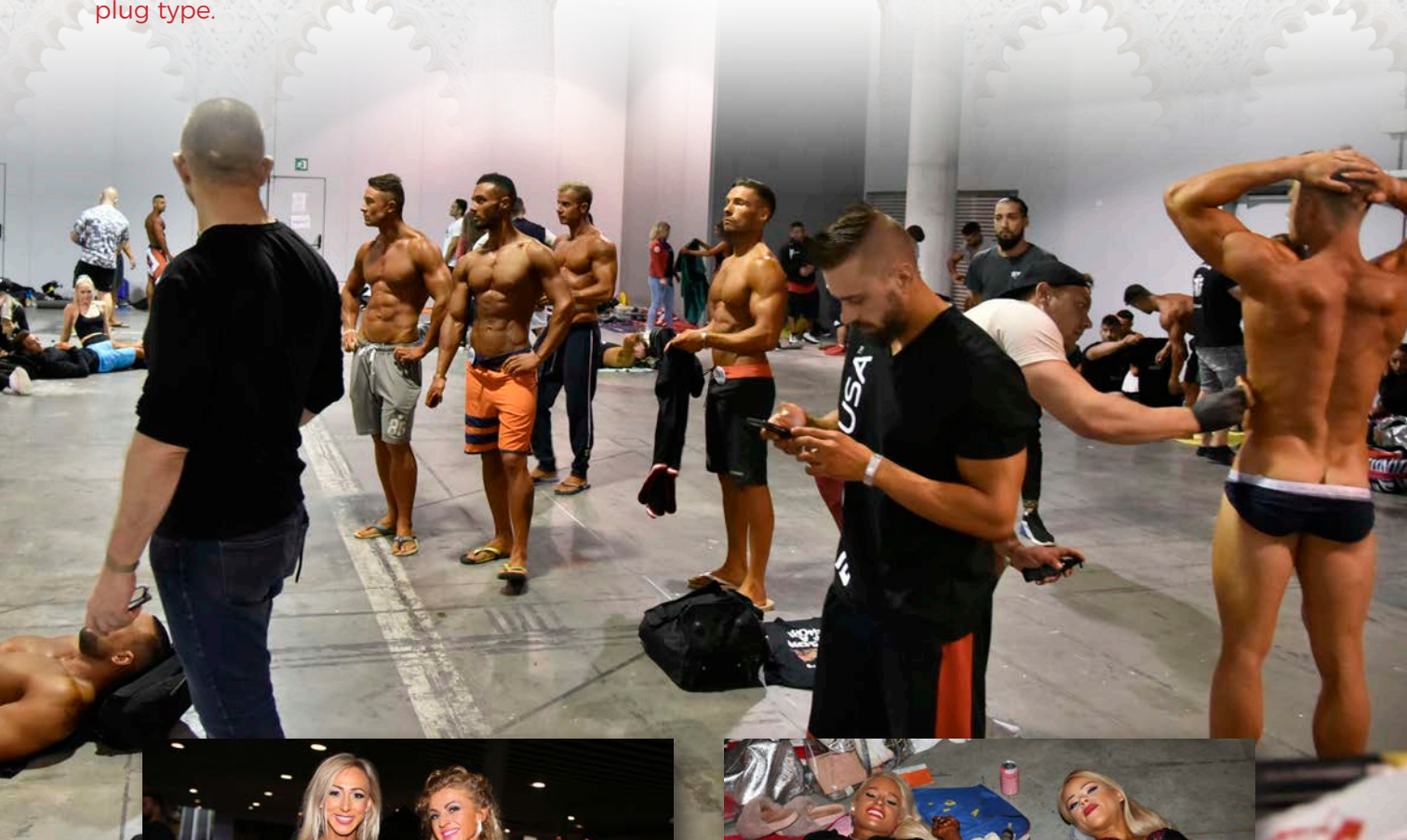
CURRENCY

The official currency in Seville is Euro (€). 1€ = 1,12\$

Note: prizes will be given in USA dollars.

ELECTRICITY

In order to use your personal devices properly, please note that voltage in Spain is 230V, 50Hz, C plug type.



PARTICIPATION

The attendance at the IFBB Amateur Championships is open for all the IFBB affiliated athletes of all the National Federations from all over the world. Participation is unlimited. The athletes' registration will be only considered if they are nominated by their IFBB-Affiliated National Federation. **Entry forms shall be e-mailed** to info@ifbb.com and amichalak5@gmail.com

Those athletes who do not meet the established requirements, those who missed the deadline for registration, or those who registered in a division that has already been closed, will be notified by their National Federation if they are unable to compete. The ACE Amateur Organizing Committee reserves the right to decline the entry to any athlete who does not meet the requirements.

We strongly encourage you to register shortly in order to make the proper arrangements to compete at the Arnold Classic Europe 2021.

VISA FOR IFBB ATHLETES

A valid passport is required to enter Spain. EU country citizens, Iceland, Liechtenstein, Norway and Switzerland do not need to obtain a Visa. Also, citizens of other 65 other countries do not need a Visa. Check at: https://en.wikipedia.org/wiki/Visa_policy_of_the_Schengen_Area

If you need a Visa, detailed information can be found at: <https://www.schengenvisainfo.com/spain-visa/>

It is the National Federations' responsibility to obtain an entry Visa for the country organizing the Championship. All National Federations will be able to ask for an invitation letter either to the ACE Organization or the IFBB Office (contact@ifbb.com). The invitation letter does not mean you are granted your Visa. Neither IFBB nor ACE Office is responsible for the attendant's visas. To receive an invitation letter, the applicant should forward the following information to the IFBB Head Office:

- A copy (scan) of passport.
- Staying place of the attendance (hotel, apartment, etc. address).

If the Visa is not granted, the cancellation policy for the Championship still applies.

An athlete, who requested and received a Visa invitation from the IFBB Head Office or the Organizing IFBB Committee and decides to use this Visa unlawful to stay in the host country or in any other country, will be subject to the disciplinary proceedings and measures.

Due to the COVID-19 situation, we recommend you check with the corresponding authorities of the country (Consulate, Embassy, etc.), the current regulation to avoid any inconveniences when traveling. The National Federations, athletes, and officials, must adopt and strictly follow any healthy and other measures imposed, required, or recommended by the competent authorities with respect to the COVID-19 pandemic situation.

REGISTRATION FEE

Registration of athletes will only be considered if they have been previously nominated by their National Federation and the entry form has been emailed to the IFBB Office info@ifbb.com and to amichalak5@gmail.com. The final decision to allow an athlete to compete it is up to the IFBB.

The registration fee for athletes is €200 if payment is made prior to September 6th at 23:59h (Central European summer time, UTC +2). Registration can be paid by credit/debit card or PayPal at the IFBB website: www.ifbb.com/competition-registration

On September 6th at 24:00h (midnight Central European summer time, UTC +2), the amount will be increased to €300.

In order to get everything correct and clear, please write your name on your online payment and bring with you a copy of your payment confirmation to the registration.

If you decide to pay directly at the Registration on September 16th, registration fee will be €300.

According to the IFBB judgement, crossovers (second category) will have a fee of €100.

Athletes competing in Junior or Master categories can compete in the Senior height or weight class of the same category.

PLEASE NOTE:

NO crossovers among different categories are allowed. For example: it is not possible to compete in both Bodybuilding and Muscular Men's Physique, nor Bikini Fitness and Bodyfitness.

OFFICIAL ATHLETES' REGISTRATION

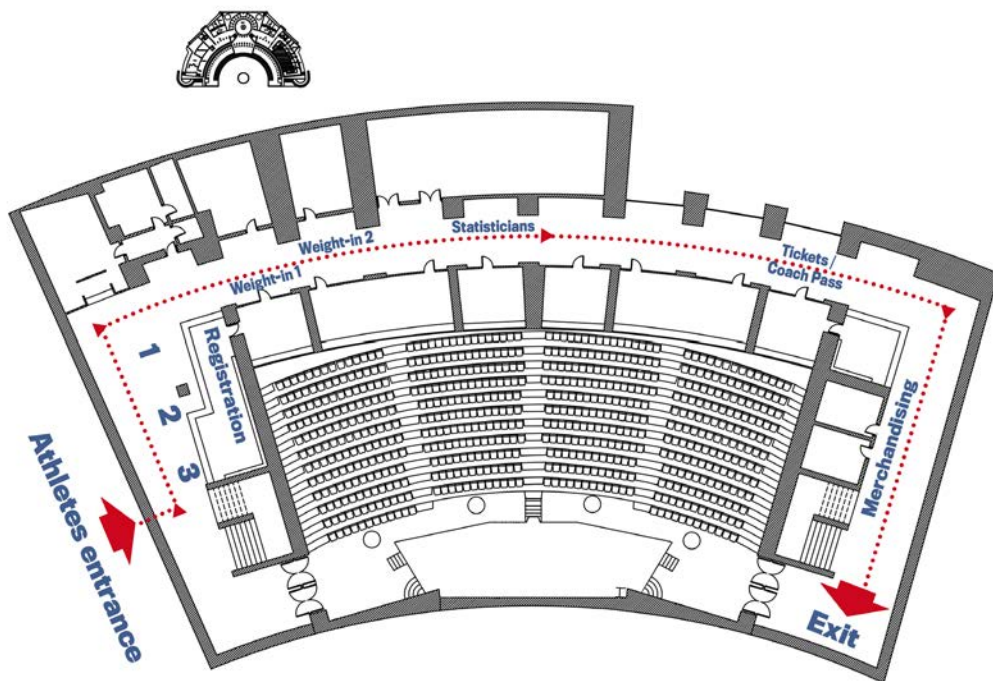
The official arrival day is September 16th. The weight-in and registration will start on Thursday 16th from 10h to 20h and will be held at the corridor next to Al-Ándalus Auditorium at FIBES Sevilla. Address: Avenida Luis Uruñuela 1, 41020 Sevilla.

All athletes must bring his/her passport and IFBB International Card at the Registration. Any athlete who has not purchased or renewed yet his/her IFBB International Card will have to buy one at registration. IFBB International Cards are €35 and are mandatory.

All posing music must be brought on an audio CD or USB pen drive and it must be at the start of the CD. Each competitor has to affix his/her name on the CD or USB for easy identification. The pen drive should be packed in an envelope.

The use of profane, vulgar or offensive language is strictly banned in the posing music.

Each athlete participating at the Championships will be provided with a wristband at the Registration. This identification will allow him/her daily admission to the venue, and it must not be lost.



CHAMPIONSHIPS SCHEDULE

REGISTRATION & WEIGHT IN: Thursday September 16th from 10h to 20h.

EXPO & Championships:

- Friday 17th from 10h to 20h.
- Saturday 18th from 10h to 20h.
- Sunday 19th 10h to 18h.

IFBB Amateur Championships starts on Friday 17th at 10h.

The venue will count on two different stages. One of them will be at Al-Ándalus Auditorium and the other one will be at Pavilion 3.

IFBB categories will be run on both stages.

IMPORTANT NOTICE TO COMPETITORS

Athletes participating in this Championship will be given a goodie bag and a wristband at the Official Athlete Registration on Thursday September 16th. This wristband must be worn during the whole event. It will allow you to go in and out of the Expo and should not be removed till it is over.



IMPORTANT INFORMATION:

DO NOT MISS THE ELITE PRO SHOW ON SATURDAY 18TH AT 5PM AT FIBES II

If you are already registered to compete at the ACE 2021 and you wish to attend the IFBB Elite Pro Show on Saturday, you can purchase the tickets from 20€ on this link:

<https://www.entradas.com/artist/arnold-classic-europe/?affiliate=AOF>



JUDGES

To be taken into consideration during the selection of judges' panels at the competition, IFBB International Judges and test-judges shall be included in the Final Entry form sent by National Federations, according to the IFBB rules.

For further information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, here: pawelfilleborn@gmail.com.

All international judges must bring their International Judge's Card to Seville.

IFBB international judges must have a valid IFBB Judge's Card, having previously paid the annual judges fee of €50.

All judges must be present at the Team Managers and Judges' Meeting. Any judge who is absent at this meeting, will not be allowed to judge at these Championships.

The Judges' Meeting will take place on Thursday 16th September at 5pm. It will be held in FIBES I, at Bahía Room.



TANNING

Elite Tan will be offering tanning, hair and make-up service at FIBES I, next to Al-Ándalus Auditorium. In order to schedule your appointment in advance, you may send an email to Ms. Patricia Bordó: patriciatanning@gmail.com and enjoy a discount for early bookings!

THE IFBB HAS BANNED ALL TANS THAT CAN BE WIPED OFF. AN OFFICIAL WILL CHECK THE TAN OF ALL ATHLETES BACKSTAGE AND IF THE TAN COMES OFF BY SIMPLY WIPING, THE ATHLETE WILL BE TOLD TO REMOVE THE TAN BEFORE GOING ON STAGE.

The use of tans and bronzers that can be wiped off are not allowed. If the tan comes off by simply wiping, the athlete will not be able to enter the stage. Professional competition tanning methods (airbrush tanning, cabin spray tanning) may be used if they be applied by the professional companies and qualified personnel. Sparkles, glitter, shiny metallic pearls or gold colouring are forbidden whether applied as part of tanning lotion and/or cream or applied separately, regardless of who applied them on the competitor's body.

MEDIA ACCREDITATION

All the media professionals who wish to have access to the event must be in possession of the official accreditation. To register, it is necessary to send the request to: media@arnoldclassiceurope.es with CC to assistant@arnoldclassiceurope.es no later than September 1st, 2021.

All the requests must be approved by the IFBB, who reserves the right to accept or refuse the petition.



BACKSTAGE ACCESS

The access to the backstage and/or dressing room areas shall be strictly limited. Only delegates or trainers with the corresponding Backstage Pass (wristband) will be allowed to enter this zone. These passes will be on sale on Thursday September 16th at the Official Athletes' Registration.



PLEASE NOTE:

There will be a limited number of extra Backstage Passes (wristbands) available at the Official Athlete Registration that can be purchased for €50 each. This pass will allow the holder to go in and out of the venue during the whole weekend and it must be worn all the time.

AWARDS

- **Top 3** athletes in each category will be awarded with medals.
- **Top 6** athletes in each category will be awarded with a Certificate of Excellence and a trophy.
- **Overall winner** in each category will be awarded with a trophy.
- **Top 5** athletes in Men's and Women's Senior categories will be awarded with points to their **2021 IFBB World Ranking** according to the IFBB World Ranking Rules.
- **IFBB Elite Pro Cards** for the top 3 overall winners in these categories: Men's Physique, Classic Bodybuilding, Bodybuilding, Women's Physique, Women's Acrobatic Fitness, Bodyfitness, Bikini Fitness, Wellness Fitness, Classic Physique, and for the Overall winner in Master Bodybuilding, Master Bodyfitness and Master Bikini. (after application through their National Federation).



ENTRY FORM AND CONTACT DETAILS

All the entry forms must be addressed to the IFBB Technical Committee, Eng. Andrew Michalak to amichalak5@gmail.com and to the IFBB Office info@ifbb.com.

The submitting deadline for the entry form is on **Monday 6th September**.



IMPORTANT INFORMATION:

All the IFBB National Federations are aware that participation in this Championship is unlimited. Athletes, please remember that you must be in possession of your IFBB International Card at the Registration. Any athlete who has not purchased or renewed his/her IFBB Card must do it at the registration. IFBB International Cards are mandatory.

CATEGORIES

The following categories are open for the 2021 Arnold Classic Europe:

Men's Bodybuilding

Up to & incl. 70 kg
Up to & incl. 75 kg
Up to & incl. 80 kg
Up to & incl. 85 kg
Up to & incl. 90 kg
Up to & incl. 95 kg
Up to & incl. 100 kg
Over 100 kg

Men's Classic Physique*

Up to & incl. 168 cm
Up to & incl. 171 cm
Up to & incl. 175 cm
Up to & incl. 180 cm
Over 180 cm

Men's Classic Bodybuilding*

Up to & incl. 168 cm
Up to & incl. 171 cm
Up to & incl. 175 cm
Up to & incl. 180 cm
Over 180 cm

Games Classic Bodybuilding

Open Class

Men's Physique

Up to & incl. 170 cm
Up to & incl. 173 cm
Up to & incl. 176 cm
Up to & incl. 179 cm
Up to & incl. 182 cm
Over 182 cm

Muscular Men's Physique

Open Class

Men's Fitness

Open Class

Men's Fit-Model

Open Class

Women's Bodyfitness

Up to & incl. 158 cm
Up to & incl. 163 cm
Up to & incl. 168 cm
Over 168 cm

Women's Bikini-Fitness

Up to & incl. 160 cm
Up to & incl. 164 cm
Up to & incl. 166 cm
Up to & incl. 169 cm
Up to & incl. 172 cm
Over 172 cm

Women's Physique

Up to & incl. 163 cm
Over 163 cm

Women's Wellness Fitness

Up to & incl. 158cm
Up to & incl. 163cm
Up to & incl. 168cm
Over 168cm

Women's Fitness

Up to & incl. 163 cm
Over 163 cm

Women's Artistic Fitness

Open Class

Women's Fit-Model

Up to & incl. 168 cm
Over 168 cm

Junior Bodybuilding 16-23 yrs

Open Class

Junior Men's Physique 16-23 yrs

Open Class

Junior Women Bikini-Fitness 16-23 yrs

Up to 164 cm
Over 164 cm

Master Men's Bodybuilding

Age 40-44 yrs - Up to & incl. 70 kg
Age 40-44 yrs - Up to & incl. 80 kg
Age 40-44 yrs - Up to & incl. 90 kg
Age 40-44 yrs - Over 90 kg
Age 45-49 yrs - Up to & incl. 70 kg
Age 45-49 yrs - Up to & incl. 80 kg
Age 45-49 yrs - Up to & incl. 90 kg
Age 45-49 yrs - Over 90 kg
Age 50-54 yrs: Open Class
Age 55-59 yrs: Open Class
Age > 60 yrs: Open Class

Master Men's Classic Bodybuilding

Age 40-44 yrs: Open Class
Age >45 yrs: Open Class

Master Men's Classic Physique

Open Class

Master Men's Physique

Age 40-44 yrs: Open Class
Age >45 yrs: Open Class
Age >50 yrs: Open Class

Master Women's Bikini-Fitness

Up to 164 cm
Over 164 cm

Master Wellness Fitness

Open Class

Master Women Bodyfitness

Age >35 yrs: Open Class

Master Women's Physique

Age >35 yrs: Open Class

Mixed Pairs

Open Class

Fit Pairs

Open Class

Beginners

Men's Bodybuilding Up to 70kg
Men's Bodybuilding Up to 80kg
Men's Bodybuilding Up to 90kg
Men's Bodybuilding Over 90kg
Men's Physique Up to 173cm
Men's Physique Up to 179cm
Men's Physique Over 179cm
Bikini Up to 160 cm
Bikini Up to 166cm
Bikini Over 166cm

Fitness Challenge

Team
Couple
Individual

* categories with weight/height limits

The minimum number of competitors to run a category should be 5. In case there would be less than 5 athletes, categories will be combined wherever it is possible.

FITNESS CHALLENGE

Fitness Challenge, the new superb fitness competition is designed to test the **resistance, endurance and strength** of the athletes, in an intense **rotary circuit of exercises**, composed by:

1 CHIN UPS (prone & strict)



2 JUMP SQUAT (up to 20"-30" box)



3 DIPS (feet forward)



4 WALKING LUNGES



5 SIT UPS (weighted)



6 BURPEES & "DEVIL PRESS"



Each athlete will have 2 minutes per exercise to perform as many repetitions as he/she can, with a 2 minutes pause between exercises to have a breath.

ATHLETES MAY COMPETE

- individually
- by couples (male and female)
- by teams (6 athletes per team)

REGISTER DIRECTLY

- * **ATHLETES**, individually or by couples, may be directly registered.
- * **CLUBS** may directly register as many teams as they wish.

REGISTER NOW

to be part of this great WORLD FITNESS HAPPENING.

Are you ready for the battle?

SCHEDULE

THURSDAY, SEPTEMBER 16th 2021

OFFICIAL ARRIVAL DAY

10:00 - 20:00	Registration & Weight-In
17:00	Judges' Technical Meeting

FRIDAY, SEPTEMBER 17th 2021

09:00 – 20:00	Semifinals and Finals – Part 1*
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SATURDAY, SEPTEMBER 18th 2021

09:00 – 20:00	Semifinals and Finals – Part 2*
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ELITE PRO SHOW ARNOLD CLASSIC EUROPE

17:00	Semifinals
19:00	Finals

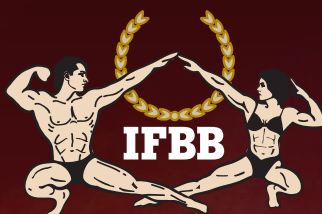
SUNDAY, SEPTEMBER 19th 2021

09:00 – 18:00	Semifinals and Finals – Part 3*
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MONDAY, SEPTEMBER 20th, 2020

DEPARTURES





 Arnold Classic Europe

 @arnoldsportsfestivaleurope

IFBB HEADQUARTERS

info@ifbb.com

ACE OFFICE

assistant@arnoldclassiceurope.es

arnoldsportsfestivaleurope.com