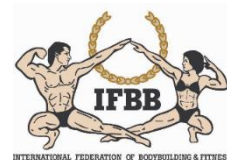


# IFBB EUROPEAN CUP

## MAIN INFORMATION



NAME OF THE EVENT: <b>IFBB EUROPEAN CUP 2021</b>		
CITY / COUNTRY: <b>Sibiu, Romania</b>		
DATE: <b>September 11th-13th, 2021</b>		
EVENT OPEN FOR: <b>ALL EUROPEAN NATIONAL FEDERATIONS AFFILIATED TO THE IFBB</b>		
IFBB ELITE PRO CARD QUALIFIER      YES <input checked="" type="checkbox"/> NO <input type="checkbox"/>		
IFBB INTERNATIONAL RANKING QUALIFIER      YES <input checked="" type="checkbox"/> NO <input type="checkbox"/>		
DAY OF ARRIVAL <b>11/09/2021</b>		
DAY OF DEPARTURES <b>13/09/2021</b>		
REGISTRATION DAY: <b>11/09/2021</b>	TIME: <b>15:00 – 19:00</b>	PLACE: <b>Transilvania Sports Hall</b>
WEIGHT-IN DAY: <b>11/09/2021</b>	TIME: <b>15:00 – 19:00</b>	PLACE: <b>Transilvania Sports Hall</b>
<p>*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.</p>		
RECOMMENDED AIRPORT: <b>International Airport Sibiu</b>		
<p>VISA INFORMATION: A valid passport is required to enter in Romania. EU-country citizens do not need to obtain a visa. All other countries should consult the Romanian Embassy in their country to determine if they need a visa. An Official Letter of Invitation will be made available if required. It is National Federations responsibility to obtain an entry visa for the country organizing the championship. All National Federations could ask for an Invitation letter either to the Championships Organizer or IFBB. The invitation letter does not mean you are granted your visa. IFBB and Championship organizer are not responsible of attendant's visas. To receive invitation letter, the applicant should forward the following information to the IFBB or Championship organizer : - A copy (scan) of passport. If the visa not granted, the Cancellation Policies for the championship will still apply. An athlete, who requested and received an invitation from IFBB Head Office or the Organizing Committee of an IFBB sanctioned event for visa purposes and used this visa to unlawful stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures.</p> <p>*Due to the COVID-19 situation, we recommend you check with the corresponding authorities of the country (Consulate, Embassy, etc.), the current regulation to avoid any inconveniences when travelling. The National Federations, athletes, and officials, must adopt and strictly follow any healthy and other measures imposed, required, or recommended by the competent authorities with respect to the COVID-19 pandemic situation.</p> <p>*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the</p>		

Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

**VENUE: Transilvania Sports Hall, 1 Octavian Goga Str, Sibiu 550370**

## HOTEL INFORMATION

RECOMMENDED HOTEL: - **Parc Hotel Sibiu: <http://www.parchotelsibiu.ro/>**  
- **Ramada Hotel Sibiu: <https://ramadasibiu.ro/>**

## REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **200 € (EUROS)** each.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **50€ (EUROS)**.

**CROSSOVERS: 100 € (EUROS)**

**DEADLINE FOR ONLINE PAYMENT: 06/09/2021**

\*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

\*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

\*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **35 € (EUROS)** and are mandatory.

\*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

## CATEGORIES:

### JUNIORS (16 - 20 YEARS OLD)

- **MEN BODYBUILDING:** OPEN  
- **MEN CLASSIC BODYBUILDING\*:** OPEN  
- **MEN GAMES CLASSIC BODYBUILDING\*:** OPEN  
- **MEN'S PHYSIQUE:** OPEN  
- **WOMEN BODYFITNESS:** OPEN  
- **WOMEN BIKINI:** OPEN

### JUNIORS (21 - 23 YEARS OLD)

- **MEN BODYBUILDING:** OPEN  
- **MEN CLASSIC BODYBUILDING\*:** OPEN  
- **MEN GAMES CLASSIC BODYBUILDING\*:** OPEN

### SENIORS (MEN & WOMEN)

- **MEN BODYBUILDING:** UP TO 70 KG  
- **MEN BODYBUILDING:** UP TO 80 KG  
- **MEN BODYBUILDING:** UP TO 90 KG  
- **MEN BODYBUILDING:** OVER 90 KG  
- **MEN BODYBUILDING:** OVERALL  
- **MEN CLASSIC BODYBUILDING\*:** UP TO 175 CM  
- **MEN CLASSIC BODYBUILDING\*:** OVER 175 CM  
- **MEN CLASSIC BODYBUILDING:** OVERALL  
- **MEN GAMES CLASSIC BODYBUILDING\*:** OPEN  
- **MEN CLASSIC PHYSIQUE\*:** UP TO 175 CM

- MEN CLASSIC PHYSIQUE\*: OPEN
- MEN FITNESS: OPEN
- MEN'S PHYSIQUE: UP TO 178 CM
- MEN'S PHYSIQUE: OVER 178 CM
- MEN'S PHYSIQUE: OVERALL
- WOMEN ACROBATIC FITNESS: OPEN
- WOMEN ARTISTIC FITNESS: OPEN
- WOMEN BODYFITNESS: OPEN
- WOMEN BIKINI: OPEN
- WOMEN WELLNESS: OPEN

#### MEN MASTERS (40 YEARS & OVER)

- MEN BODYBUILDING 40-49 yrs: OPEN
- MEN BODYBUILDING >50 yrs: OPEN
- MASTER MEN BODYBUILDING: OVERALL
- MEN CLASSIC BODYBUILDING\*: OPEN
- MEN'S PHYSIQUE 40-49 yrs\*: OPEN
- MEN'S PHYSIQUE >50 yrs\*: OPEN
- MASTER MEN'S PHYSIQUE: OVERALL

#### WOMEN MASTERS (35 YEARS & OVER)

- WOMEN BODYFITNESS: OPEN
- WOMEN BIKINI: UP TO 164 CM
- WOMEN BIKINI: OVER 164 CM
- MASTER WOMEN BIKINI: OVERALL

- MEN CLASSIC PHYSIQUE\*: OVER 175 CM
- MEN CLASSIC PHYSIQUE: OVERALL
- MEN FITNESS: OPEN
- MEN'S PHYSIQUE: UP TO 173 CM
- MEN'S PHYSIQUE: UP TO 179 CM
- MEN'S PHYSIQUE: OVER 179 CM
- MEN'S PHYSIQUE: OVERALL
- MUSCULAR MEN'S PHYSIQUE: OPEN

- WOMEN PHYSIQUE: OPEN
- WOMEN BODYFITNESS: OPEN
- WOMEN ACROBATIC FITNESS: OPEN
- WOMEN ARTISTIC FITNESS: OPEN
- WOMEN BIKINI: UP TO 164 CM
- WOMEN BIKINI: UP TO 169 CM
- WOMEN BIKINI: OVER 169 CM
- WOMEN BIKINI: OVERALL
- WOMEN WELLNESS: UP TO 163 CM
- WOMEN WELLNESS: OVER 163 CM
- WOMEN WELLNESS: OVERALL
- WOMEN FIT-MODEL: OPEN
- FIT-PAIRS: OPEN
- MEN WHEELCHAIR BODYBUILDING: OPEN

\*- Categories with weight / height limits

#### POSSIBLE CROSSOVERS:

Games Classic Bodybuilding - Classic Bodybuilding -  
 Classic Physique - Bodybuilding;  
 Men's Fitness – Men's Physique;  
 Women's Acrobatic Fitness – Women's Bodyfitness;  
 Women's Artistic Fitness – Women's Bikini – Women's  
 Fit-Model;  
 Women's Wellness – Women's Fit-Model.  
 Also Junior and Masters in senior classes.

#### AWARDS:

Top three athletes in each category will be awarded with medals.  
 Top six athletes in each category will be awarded with a Certificate of Excellence and trophies.  
 Overall winner will have a trophy.

#### IFBB ELITE PRO CARDS:

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- DISTRIBUTION:**
- Men Bodybuilding Overall – top 3
- Men Classic Bodybuilding Overall – the winner
- Men Classic Physique Overall – the winner
- Men's Physique Overall – top 2
- Muscular Men's Physique – the winner
- Women's Physique – the winner
- Women's Bodyfitness – the winner
- Women's Bikini Overall – top 3
- Women Wellness overall – the winner
- Master Men Bodybuilding Overall – the winner
- Master Women Bodyfitness – the winner
- Master Women Bikini Overall – top 2

\*REGISTRATION DEADLINE

PRELIMINARY ENTRY FORM: **NO**  
FINAL ENTRY FORM: **03/09/2021**

#### CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

#### GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

EXTRA GREEN CARDS: **YES**  **NO**  **N/A**

PRICE: **25 € (EUROS)** each.

#### TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

PROFESSIONAL TANNING SERVICE: **YES**  **NO**

Contact: **office@frcf.ro**

#### CONTACT INFORMATION:

Please send Your Entry Form to:  
Contact: **Ms. Tanita Groza-Zetea**  
E-mail: **office@frcf.ro**

Please send a copy to IFBB Technical Committee:  
**Eng. Andrew Michalak**  
E-mail: [amichalak5@gmail.com](mailto:amichalak5@gmail.com)

Please send a copy to IFBB Head Office:  
**Ms. Alba Sanchez**  
E-mail: [info@ifbb.com](mailto:info@ifbb.com)

Contact details for additional correspondence:  
President of the ROMANIAN FEDERATION OF BODYBUILDING & FITNESS  
**Mr. Prof. Gabriel Toncean**  
E-mail: [secretariat@frcf.ro](mailto:secretariat@frcf.ro)

#### JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)

All international judges must bring their International Judge's Cards to the Team Managers and Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **50 € (EUROS)** paid for the current year. This fee may also be paid at the EVENT at the Team Managers and Judges Meeting.